

The 12th Annual Valley of the Sun Conference
Challenging Cases & Current Treatment Options
in Podiatric Medicine & Surgery

WITH JOINT PROVIDER ARIZONA FOOT AND ANKLE MEDICAL ASSOCIATION





FHE PODIATRY INSTITUTE
Suite 309
Decatur, GA 30033-6132
A NONPROFIT TEACHING FOUNDATION

# DAY 1 APRIL 13

12:00 PM

**REFRESHMENTS & EXHIBIT HALL OPENS** 

12:25 PM

**OPENING REMARKS** 

12:30 PM

## PODIATRIC MEDICINE, TIPS & PEARLS

Diabetic Neuropathy: Does Anything Help

Phenol Nail Procedure

Suppan Matrixectomy for Ingrown Nails

What to Do with the Peroneus Bevis After Fifth Toe Amputation

**DVT Prophylaxis** 

Question & Answer

3:30 PM

**REFRESHMENT BREAK & VISIT EXHIBITS** 

# CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

**Trauma:** The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequalae in different groups.

**Forefoot**: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot**: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot**: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine and Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

Special thanks to our

# CORPORATE SPONSORS

for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

#### **PLATINUM**

Bako Diagnostics PICA Televere Systems

#### **GOLD**

Geistlich Medical Ortho Dermatologics

#### **BRONZE**

DePuy Synthes Redi-Thotics 4:15 PM

#### **COMPLEX CASE DISCUSSIONS**

Moderator: Mike Michael C. McGlamry, DPM

Panel: Michael S. Downey, DPM; Todd B. Haddon, DPM; Jeffrey S. Boberg, DPM; Thomas A. Brosky, II, DPM; and Trent H. Lott, DPM

ireni n. lou, DPN

5:45 PM

#### RISK MANAGEMENT SESSION

#### **Building Your Pre-Operative Blueprint: Tips for a Successful Surgical Outcome**

Presented by Michael C. McGlamry, DPM

This lecture covers risk management issues involved with the surgical patient. The reality is that you cannot have a successful post-operative outcome without informed consent and a thorough pre-operative evaluation prior to surgery. This lecture will help surgeons identify pre-operative risk factors, understand proper documentation tactics, and minimize the liability risks related to surgical patients.

NOTE: THERE WILL BE A SEPARATE SIGN-IN FOR THIS LECTURE.

6:45 PM

THURSDAY SESSION ADJOURNS



# DISTINGUISHED FACULTY

**SCIENTIFIC CHAIRMAN** 

**CONFERENCE CHAIRMAN** 

**SPECIAL GUEST SPEAKER** 

Michael C. McGlamry, DPM Cumming, GA

Todd B. Haddon, DPM Mesa, AZ

Brandon M. Brooks, DPM, MPH

Dorn VA Medical Center,

Columbia, SC

#### **FACULTY**

Nicole Baxter, DPM

Resident, Emory Decatur Hospital, Decatur, GA

Alan J. Block, DPM Florence, SC

**Jeffrey S. Boberg, DPM** O'Fallon, MO

Kwame Doh, DPM Resident, Emory Decatu

Resident, Emory Decatur Hospital, Decatur, GA

Michael S. Downey, DPM Chief, Division of Podiatric

Surgery, Penn Presbyterian Medical Center, Philadelphia, PA William Harris, IV, DPM Lancaster, SC

**Trent H. Lott, DPM** *Happy Valley, OR* 

William Montross, DPM Denver, CO

William P. Scherer, DPM Delray Beach, FL

Tracey C. Vlahovic, DPM FFPM RCPS (Glasg)

Clinical Professor, Dept. of Podiatric Medicine, Temple University School of Podiatric Medicine, Philadelphia, PA

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

# DAY 2 APRIL 14

7:00 AM

**BREAKFAST WITH THE EXHIBITORS** 

7:30 AM

# APRAJITA NAKRA – MEMORIAL SECTION INNOVATIONS IN PODIATRIC MEDICINE & SURGERY

HUAIRS (HEPA Ultraviolet Non-turbulent Air Recirculation Systems)

Assessing New Technology: Is This Right for My Patients?

Interpositional Allograft with Long-term Results

First MTPJ Silicone Implants: Do They Still Have a Role?

Osteoporotic Ankle Fracture Management

Considerations of First MPJ Implants

Onychodystrophy vs. Onychomycosis

Question & Answer

10:00 AM

**REFRESHMENT BREAK & VISIT EXHIBITS** 

10:45 AM

#### HANDS-ON WORKSHOPS

NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE A SEPARATE SIGN-IN.

Hands-on workshop featuring the latest techniques and technologies

10:45 AM

#### **ROTATION ONE**

### **Skin Cancer & Biopsy Workshop**

with William P. Scherer, DPM in the Amphitheater

Review of skin cancer, risk factors, basal cell carcinoma, squamous cell carcinoma, malignant melanoma, Kaposi sarcoma, nail unit tumors, soft tissue tumors, statistics, 10-year review from podiatrists diagnosing 15,000 lower extremity malignancies. A comprehensive demonstration and audience hands-on participation of fundamental biopsy indications, best practices, and step-by-step techniques will be covered for punch biopsy, nail unit biopsy, and ulcer biopsy, and tangential biopsy.

#### Opioids & Postoperative Pain Management: A 2022 Review for Podiatric Physicians & Surgeons

with Brandon M. Brooks, DPM, MPH in the Main Ballroom Thirty-eight states now require some form of opioid and/or pain management CME in order to renew your license! In this 2-hour lecture, Dr. Brooks takes a deep dive into the literature and reveals pertinent prescribing pearls from the latest and greatest studies on opioid prescribing in foot and ankle surgery. After losing his own sister to heroin overdose, Dr. Brooks has committed a substantial amount of time in researching opioids and improving the public health crisis that is the United States Opioid Epidemic. He was named the APMA's 6th Public Health Fellow at the Geisel School of Medicine at Dartmouth College in Hanover, NH, where he earned his MPH degree and graduated at the top of his class. Of note, Dr. Brooks was the first clinician to demonstrate that clinically meaningful variation in postoperative opioid prescribing exists among podiatric surgeons on a national scale.

NOTE: THIS IS A TWO-HOUR LECTURE TO HELP MEET THE AZ PAIN MANAGEMENT REQUIREMENTS.

#### First MPJ Replacement Options & Theory

with William Montross, DPM in Hopi I

11:50 AM ROTATION TWO

#### **Neuropathy & Soft Tissue Biopsy Workshop**

with William P. Scherer, DPM in the Amphitheater
Review of small peripheral neuropathy, statistics, symptoms, diagnosis, NCVT and EMG vs. Epidermal Nerve Fiber Density Biopsy, test results, prognosis, and various treatment options will be presented. Review of common soft tissue masses, and web space infections. A comprehensive demonstration and audience handson participation of advanced biopsy indications, best practices, and step-by-step techniques will be covered for epidermal nerve fiber density, fine needle aspiration, incisional biopsy, curettage biopsy, and skin closures. It is helpful, but not mandatory, to attend part one of the biopsy workshop series to attend the second session.

#### First MPJ Replacement Options & Theory

with William Montross, DPM in Hopi I

12:45 PM LUNCH & LEARN

JUBLIA® (efinaconazole) topical solution, 10%, for the Treatment of Onychomycosis

Sponsored by Ortho Dermatologics NOTE: THIS IS A NON-CECH LECTURE.

1:30 PM

#### HALLUX VALGUS

First MPJ Injuries

Procedure Selection in HAV Surgery

**Bunions Gone Wild** 

Austin Bunonectomy "Live!"

Weil Osteotomy: Tips for Success

Lapidus: A Different Perspective

Hallux Varus: Can We Avoid Fusion

Question & Answer

4:00 PM REFRESHMENT BREAK & VISIT EXHIBITS

4:45 PM

6:30 PM

#### **FOREFOOT**

Keller for IPJ Ulcers

Management of Lesser MTPJ Arthritis

Transverse Approach to Pan Met Head Resection

Hammertoe Correction: The Cost of Being Straight

Ischemic Digits Post-Op: How to Survive This Nightmare

Question & Answer

FRIDAY SESSION ADJOURNS

# UP TO 25 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Arizona Foot and Ankle Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 25 continuing education contact hours.

# DAY 3 APRIL 15

7:00 AM

**BREAKFAST WITH THE EXHIBITORS** 

7:30 AM

#### **REARFOOT & ANKLE**

Tarsal Tunnel

**Ankle Sprains** 

Medial Column in Flatfoot Surgery

Talectomy for Salvage

Management of Complex Rearfoot Deformities

**Exertional Compartment Syndrome** 

Conservative Care of Ankle Fractures

Tarsal Coalition: Deciding Between Resection & Fusion

Question & Answer

10:30 AM

REFRESHMENT BREAK & VISIT EXHIBITS ONE MORE TIME

11:15 AM

# WOUNDS, DIABETES, INFECTION MANAGEMENT & RECONSTRUCTION

**Chopart Amputation** 

Skin Substitute Options for Complex Wounds

Peroneal Tendon Subluxation: Reproducible Technique

Neuropathic Ankle Management

Brodie's Abscess: An Unusual Case Presentation

Question & Answer

**Opioids & Depression (1 Hour)** 

2:15 PM ADJOURN FOR THE DAY TO ENJOY PHOENIX

DAY 4 APRII 16

7:00 AM

**BREAKFAST** 

7:30 AM

# CHALLENGING MEDICINE & TOPICS OF INTEREST

"A Bridge Too Far": Posterior Heel Defect with Achilles Tendinosis

Plantar Plate Repair

3D Printed Bone Alternatives

Pyoderma Gangrenosum

Question & Answer

10:05 AM 10:20 AM **REFRESHMENT BREAK** 

# CHALLENGING MEDICINE & TOPICS OF INTEREST (CONTINUED)

**Bone Marrow Lesions** 

Wounds That Kill

Top 10 Derm Conditions

What's New in Dermatologic Therapies

Question & Answer

**1**2:30 PM

**CONFERENCE ADJOURNS** 

### MARRIOTT PHOENIX TEMPE AT THE BUTTES

2000 W Westcourt Way, Tempe, AZ 85282 888.867.7492 or 602.225.9000

(mention **The Podiatry Institute** for special rate)

Register online via the link on the **Phoenix** page at **www.podiatryinstitute.com** 

Rate: from \$215 (plus tax, subject to change without notice)

A block of rooms has been reserved and will be held until it is full or **March 12, 2023**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable April 9-19, 2023 (based on availability).

#### TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

#### Unique Adventures by Trish 404 944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

To register for webinar or on-site attendance, see pricing and available discounts, order meal packages, make hotel reservations, and discover local attractions, visit us at www.podiatryinstitute.com.

#### **UPCOMING 2023 CONFERENCES**

Newport April 27-30

Surgical Pearls by the Sea with Rhode Island Podiatric Medical Association Little Rock May 19-21

Foot & Ankle Surgery with Arkansas Podiatric Medical Association Hilton Head June 22-25

Footprints in the Sand with S.Carolina Podiatric Medical Association Portland July 20-23

Foot & Ankle Surgery with Maine Podiatric Medical Association San Diego September 21-24

UPDATE 2023 with San Diego Podiatric Medical Society Sanibel November 2-5

33rd Annual Hallux Valgus & Related Forefoot Surgery Chicago December 1-3

Windy City Conference with Illinois Podiatric Medical Association

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2023

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, work-shops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery. For more information, please visit www.podiatryinstitute.com

