

## Podiatry Institute Cadaver Surgical Skills Course

### -- Rearfoot and Ankle Course Agenda (28 CME)



#### **Thursday: 8:30am – 5:30pm**

- Gastrocnemius Recession
- Tendo-Achilles lengthening
- Flexor Hallucis Longus tendon transfer
- Achilles tendon reconstruction
- Posterior heel spur resection / Haglund's
- Lisfranc arthrodesis
- Lapidus arthrodesis
- Lateral ankle stabilization
- Subtalar joint arthrodesis
- Calcaneonavicular coalition dissection / resection
- Peroneal tendon repair
- Evans Calcaneal osteotomy
- Dwyer
- Medial displacement calcaneal osteotomy
- Procurement of Autogenous bone grafts

#### **Friday: 8:30am – 5:30pm**

- Tarsal tunnel dissection
- Plantar fascia procedures
- Dissection of the first branch of the lateral plantar nerve
- Talonavicular arthrodesis
- Flexor Digitorum Longus tendon transfer
- Kidner
- Dissection for middle facet coalition
- Ankle fusion -- Anterior approach

#### **Saturday: 8:30am – 5:30pm**

- 9 am – 12 noon: Ankle fractures with Dr. John Ruch  
Triple arthrodesis with Dr. John Ruch
- Ankle fusion -- Medial / Lateral approach
- Split Tibialis Anterior tendon transfer
- Posterior tibialis tendon transfer
- Plantar plate / plantar neurectomy
- Various forefoot procedures (time dependent)
- Complications discussion

#### **Sunday 8:30am – 12:30pm**

- Review / Refine procedures
- Lecture topics of interest -- DVT prophylaxis, antibiotic update, etc.