

# About San Diego

There is much to enjoy **at the hotel** with acres of gardens with lush pathways leading to spectacular views of the bay and marina. Bird watchers can catch a pelican diving for fish and hear the melodic call of a loon. Just a four-block walk or complimentary shuttle ride from the hotel is beautiful Mission Beach, featuring Belmont Park and stretching north to Pacific Beach and the cliff-side beaches of La Jolla and Torrey Pines. To the south lies Ocean Beach and the breathtaking Sunset Cliffs. Enjoy swimming, surfing, diving, pier fishing, volleyball, restaurants, shops and skating along the Mission Beach Boardwalk. Historic Belmont Park features the Big Dipper (a classic 70-foot drop wooden track roller coaster) and other attractions.

San Diego's most desirable spot for kayaking, diving and snorkeling is **La Jolla Cove**. The water is calm and ecologically protected. Surfboards, boogie boards and other flotation devices are not permitted. But for more sea life encounters, take a kayak tour of the sea caves. [www.lajolla.com/guides/la-jolla-cove/](http://www.lajolla.com/guides/la-jolla-cove/)

The **Birch Aquarium at Scripps** showcases research discoveries by Scripps Institute of Oceanography scientists. 858.534.FISH (3474) [aquarium.ucsd.edu](http://aquarium.ucsd.edu)

Spend the day at **Balboa Park**, one of the nation's largest cultural complexes and home to the world-

famous **San Diego Zoo**, renowned arts venues, beautiful gardens, and 15 of San Diego's famous museums. [www.balboapark.org](http://www.balboapark.org)

**Cabrillo National Monument** offers breathtaking views mingled with early history and the Old Point Loma Lighthouse. 619.557.5450 [www.nps.gov/cabr](http://www.nps.gov/cabr)

Take a historical walking tour in the **Gaslamp Quarter**, a premier dining, shopping and entertainment destination, and the beautiful Victorian National Historic District. 619.233.5227 [www.gaslamp.org](http://www.gaslamp.org)

The **USS Midway** hosts the most-visited naval ship museum in the world! Live the adventure aboard the longest-serving aircraft carrier in US Navy history. 619.544.9600 [www.midway.org](http://www.midway.org)

**Coronado Island** boasts unique shops and restaurants, an award-winning beach and the famous Hotel Del Coronad. [www.coronado.ca.us](http://www.coronado.ca.us)

Built for real family fun, **LEGOLAND California** has rides and shows. [www.legoland.com/california](http://www.legoland.com/california)

Visit historic **Old Town San Diego**, the Birthplace of California, where the first Europeans settled. See history and culture come alive as you tour the sites and enjoy the quaint places to shop and dine. [www.oldtownsandiegoguide.com](http://www.oldtownsandiegoguide.com)

Visit [www.sandiego.org](http://www.sandiego.org) for more information on attractions and activities!

Special thanks to our

## 2021 Corporate Sponsors

for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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## About Your Hosts

**The Podiatry Institute** is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

**San Diego Podiatric Medical Society** is a 501c(6) organization with 85 members who practice in San Diego and Imperial Counties. It is the mission of the SDPMS to promote, advance and protect the profession of podiatric medicine, to preserve the rights of the patients it serves and to seek continuous improvement in the quality of patient and care. More information about SDPMS is available at [www.sdcpm.org](http://www.sdcpm.org).

## UPCOMING CONFERENCES

**SEP 30 - OCT 2, 2021**  
**ATLANTA**  
4<sup>th</sup> Stepping Forward  
—Leading the Way  
A Comprehensive  
Women-centric Conference

**OCT 15-17, 2021**  
**HYATTSVILLE MD**  
Mid-Atlantic  
Conference  
with Mid-Atlantic Podiatric Medical Association

**NOV 4-7, 2021**  
**SANIBEL**  
Hallux Valgus  
& Related  
Forefoot Surgery

**DEC 3-5, 2021**  
**CHICAGO**  
Windy City  
Conference  
with Illinois Podiatric  
Medical Association

**FEB 3-5, 2022**  
**PARK CITY**  
29<sup>th</sup> Annual  
Winter Conference  
with Utah Podiatric  
Medical Association

**APR 21-23, 2022**  
**PHOENIX**  
Valley of the Sun  
Conference  
with Arizona Foot and Ankle  
Medical Association

**APR 28 - MAY 1, 2022**  
**NEWPORT**  
Surgical Pearls  
by the Sea  
with Rhode Island Podiatric  
Medical Association

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited.  
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September 23-25  
September 26: RADIOLOGY COURSE (OPTIONAL)

San Diego

Hyatt Regency Mission Bay Spa and Marina

# Reconstructive Surgery of the Foot, Ankle and Leg UPDATE 2021

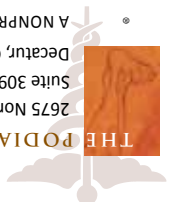
The 40th Annual

*Celebrating 50 Years of Providing  
Outstanding Continuing Education  
to the Podiatry Profession*

THE PODIATRY INSTITUTE



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# THURSDAY September 23

12:00 PM **REGISTRATION – EXHIBIT HALL OPENS – REFRESHMENTS PROVIDED**

12:25 PM **WELCOME TO SAN DIEGO**

## 12:30 PM **HAV/FOOT SURGERY**

Modified Flexor Tendon Transfer

Update: The Lapidus

Weight-bearing 1st MPJ Arthrodesis

DFWO: Making It Look Easy

What is More Important – Reduction of the IM or Rotation of the Metatarsal?

Treatment Options for Plantar Fasciitis

Brachymetatarsia: Benefits of the Single Stage Lengthening Procedures

Neuromas

Question & Answer

3:15 PM **BREAK – VISIT EXHIBITS**

## 4:00 PM **CHALLENGING CONDITIONS**

AVN of the 1st Metatarsal Head

First Ray Complications

Dermatology Cases from Temple University

Most Reliable Procedure 2nd MPJ Subluxation/Dislocation

Use of Pulse Dye Laser in Treatment of Plantar Veruca and Porokeratomas

Achilles Tendon Repair

Question & Answer

6:10 PM **STRETCH**

## 6:15 PM **RISK MANAGEMENT SESSION**

### **Let's Talk Risk – Protecting Your Reputation and Your Livelihood**

Healthcare is a customer service industry and your practice will live or die based on the quality of care provided, and the daily interactions between the physician, staff and patients. Excellent customer service involves meeting and surpassing patients and their families' expectations. It means showing the customer how important he or she is to you and the business, by interacting with them in a friendly, helpful, and positive way. We will discuss strategies which your practice can implement, that will assist you and your staff in dealing with difficult, demanding and non-compliant patients.

**Note: There will be a separate sign-in for this lecture.**

7:15 PM **THURSDAY SESSION ADJOURNS**

## Conference Objectives

At the conclusion of the conference, the participant should be able to:

**Trauma:** The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

**Forefoot:** The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

**Hallux Valgus:** The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot:** The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot:** The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

**Medicine & Topics of Interest:** The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

## Hyatt Regency Mission Bay Spa and Marina

Experience the epitome of California coastal chic at **Hyatt Regency Mission Bay Spa and Marina** with



incredible ocean views, waterfront dining, poolside lounge and eco-friendly spa. There's so much to do just steps away! Delight in a water playground with multiple pools, a waterfront health

club, and a full-service marina with jet skis, sailboats, kayaks, sportfishing and excursions.

1441 Quivira Road, San Diego, CA 92109

888.421.1441 or 619.224.1234

(mention **The Podiatry Institute** for special rate)

Rate: \$230 (plus tax, subject to change without notice)

**Register online via the link on the San Diego page at [www.podiatryinstitute.com](http://www.podiatryinstitute.com)**

A block of rooms has been reserved and will be held until it is full or **August 25, 2021**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable September 22-27, 2021 (based on availability).

## TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

**Travel Leaders**

**678.689.0176**

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.



# FRIDAY September 24

7:00 AM **BREAKFAST IN EXHIBIT HALL**

7:30 AM **DERMATOLOGIC  
CONDITIONS & MEDICINE**

Septic Arthritis of the Ankle Joint from TB (Case Report)  
Myxoinflammatory Fibroblastic Sarcoma of the 2nd Digit  
Update on Warts  
Renal Osteodystrophy  
Pediatric Skin Conditions  
Melanoma Update  
Diagnosis and Treatment of Common Nail, Skin,  
Nerve Pathology  
Dancing En Pointe: Pediatrics  
Question & Answer

10:15 AM **BREAK — VISIT EXHIBITS**

10:45 AM **WORKSHOPS**

**NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE A SEPARATE SIGN-IN SHEET FOR EACH WORKSHOP.**  
*Hands-on workshop featuring latest techniques and technologies, including:*

**2021 Podiatric Dermatology Update —  
“Hands-On” Biopsy Workshop**

Moderator: William Scherer, DPM

**NOTE: THIS IS A TWO-HOUR WORKSHOP!**

**Managing the Treatment of Complex DFU's  
with a Novel Purified Reconstituted Bilayer  
Matrix (PRBM)**

12:45 PM **LUNCH & LEARN**

**JUBLIA® (efinaconazole) Topical Solution,  
10%, for the Treatment of Onychomycosis**

with Tracey C. Vlahovic, DPM

**Sponsored by Ortho Dermatologics**

**This is a Non-CME Presentation**

1:30 PM **TRAUMA**

Small Incision Achilles  
Posterior Malleolus Fractures  
Arthroscopic Trauma  
Syndesmosis Update  
Neglected Achilles Tendon Ruptures  
Transitional Ankle Fractures  
Question & Answer

3:45 PM **BREAK — VISIT EXHIBITS**

4:15 PM **TRAUMA &  
THE AFTERMATH**

Chronic Syndesmotic Instability  
Small Incision Approach: Calcaneus Fractures  
Neglected Calcaneal Fracture  
AITFL Repair with Ankle Fractures  
Update on Open Fractures  
Malunited Triple Arthrodesis  
Pilon Fractures Made Easy  
Question & Answer

6:45 PM **FRIDAY SESSION ADJOURNS**

## Distinguished Faculty

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**Tracey Vlahovic, DPM**  
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**Glenn Weinraub, DPM**  
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### NEXT GENERATION FACULTY

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**Kase Rattey, DPM**

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

# SATURDAY September 25

7:00 AM **BREAKFAST IN EXHIBIT HALL**

## 7:30 AM **RECONSTRUCTION**

Navicular Cuneiform Arthrodesis

Unexpected Complications Using Bone Anchors for Retrocalcaneal Exostosis

Adult Flatfoot Reconstruction, Classification, and Decision Making

Pediatric Flatfoot

Strategies for Different Revisions

Question & Answer

9:15 AM **Current Regulations for Narcotic Prescribing**

*Note: There will be a separate sign-in for this lecture.*

10:15 AM **BREAK — VISIT EXHIBITS**

11:00 AM **EXHIBIT HALL CLOSES**

## 11:00 AM **LIMB PRESERVATION**

Diabetic Ankle Fractures

Charcot Myths and Truths

Choparts Amputation and Rebalancing

Findings Predictive of Charcot Arthropathy After Foot and Ankle Trauma

Pediatric Infections

12:30 PM **LUNCH & LEARN**

### **BEYOND EXCISION: A Biologic Approach to Treat Uncontrolled Gout with Tophi**

with John Cozzarelli, DPM

*Sponsored by Horizon Therapeutics*

*This is a Non-CME Presentation*

## 1:15 PM **CONGENITAL CONDITIONS & DEFORMITY CORRECTION**

Soft Tissue Excisions

The Spectrum of Clubfoot

Arthroereisis

Pediatric Congenital Digital Deformities

Coalition Management

Juvenile Flatfoot Deformity: What Works for Me

Lateral Epiphysiodesis of First Metatarsal

Talonavicular Arthrodesis

Subtalar Joint Arthrodesis

Question & Answer

4:30 PM **BREAK**

## 4:45 PM **TOPICS OF INTEREST**

Outcomes of Intramedullary Nail Fixation for Fibula Fractures

Tibial Bone Graft

Predictive Value of Nares Surveillance Swabs in the Management of Lower Extremity Infections

Comparing Glutathione Levels in Non-diabetic, Pre-diabetic, and Diabetic Populations to Better Assess Disease Severity

The Utility of Indocyanine Green in Predicting Amputation Survivorship

Weightbearing CT Evaluation of the Forefoot

Question & Answer

6:45 PM **CONFERENCE ADJOURNS**

# RADIOLOGY

## Sunday, September 26

This course is intended to meet the California radiology requirements.

### 1 hour on Patient Care to include:

- Improving patient understanding of procedures
- Risk versus benefit
- Patient standards of care

### 1.5 hours on Image Production to include:

- Understanding technical factors
- Explanation of equipment used in podiatry
- Image evaluation explanation

### 1.5 hours on Safety to include:

- Explanation of x-rays
- Ways to increase the safety of the patient and medical staff in procedures
- Guidelines for mobile and stationary fluoroscopy equipment

UP TO **25** CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **San Diego Podiatric Medical Society**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **25** continuing education contact hours.



# San Diego Conference Registration

## OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, work-shops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit [www.podiatryinstitute.com](http://www.podiatryinstitute.com)

- \$565 on or before 8/12/21
  - \$615 8/13/21 thru 9/9/21
  - \$715 after 9/9/21 or at the door **(Credit Card ONLY)**
  - \$340 Retired Podiatrists or Active Military
  - \$125\* Student or Resident with letter from Residency Director  
*\*DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.*
  - Radiology Session** (OPTIONAL), Sunday, Sept. 26, included with registration fee
  - Special Seminar Rate for **APMA Young Members.** Call 888.833.5682.
  - Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 2 breakfasts, 2 lunches and 5 breaks.
- \_\_\_\_\_ # OF ADULTS (\$100 EACH)  
\_\_\_\_\_ # OF CHILDREN 12 & UNDER (\$50 EACH)
- \$ \_\_\_\_\_  
**SAN DIEGO TOTAL**

### WEBINAR REGISTRATION ONLY

- \$565 Webinar on or before 8/12/21
- \$615 Webinar 8/13/21 thru 9/9/21
- \$715 Webinar after 9/9/21
- \$340 Webinar Retired Podiatrists or Active Military
- FREE Webinar Student/Resident Registration
- Webinar **Radiology Session** (OPTIONAL), Sunday, Sept. 26, included with registration fee

### CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE	PHONE	FAX	MAIL
(BEFORE 9/9/21)	888.833.5682	404.508.8539	The Podiatry Institute
<a href="http://www.podiatryinstitute.com">www.podiatryinstitute.com</a>	or 770.939.0393		2675 N Decatur Rd, Ste 309
			Decatur, GA 30033-6132

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(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.**

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE  M/C  VISA  AX  DISC

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### REGISTER FOR A 2021 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2021 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES. **CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.**

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

